

## **UPDATE ON SUPPORT TO CARERS PROVIDED BY THE CARERS' SUPPORT SERVICE ACROSS NORTH AND NORTH EAST LINCOLNSHIRE**

The situation and the measures taken by support services is changing rapidly in relation to Coronavirus.

Today the Carers' Support Service has taken the difficult step of stopping all face to face contact with Carers and other members of the public.

All appointments and meetings have been cancelled and the Carers' Support Service building is closed to the public.

All Carers who access our support via peer groups, training, workshops and other appointments will have been contacted or will be in the coming days.

Support to Carers will be provided via telephone. Email and text messaging is also an option should Carers prefer to be contacted in this way. If Carers already receive telephone support they will continue to do so. If contact details have changed in the past 12 months, please call us to ensure we have up-to-date details.

We are increasing the number of Carers we contact. Carers who access the different sources of support we provide will be offered regular calls during this difficult time. We are also identifying and contacting Carers who care for people in the 'at risk' groups, and those Carers who are more at risk themselves.

Should you want to talk to a member of the Carers' Support Service team about your caring role, please call us on:

NORTH LINCOLNSHIRE: 01652 650585 – Weekdays 8am to 8pm. Weekends 10am to 4pm.

NORTH EAST LINCOLNSHIRE: 01472 242277 – Weekdays 8am to 7pm. Weekends 10am to 2pm.

If you are concerned about your health or the health of the person you care for visit the NHS 111 Website: [www.111.nhs.uk/covid-19/](http://www.111.nhs.uk/covid-19/).

If you do not have access to the internet call NHS 111.

Please continue to follow government and NHS guidance on the following links:  
[www.nhs.uk/coronavirus](http://www.nhs.uk/coronavirus) and [www.gov.uk/coronavirus](http://www.gov.uk/coronavirus)

Carers UK have information Carers will find useful. Visit: <https://www.carersuk.org/help-and-advice/health/looking-after-your-health/coronavirus-covid-19>

For local advice visit:

NORTH LINCOLNSHIRE: <https://www.northlincs.gov.uk/people-health-and-care/coronavirus-covid-19/>

NORTH EAST LINCOLNSHIRE: <https://www.nelincs.gov.uk/coronavirus-advice-guidance/>